

# PATIENT & VISITOR GUIDE

with Medical Campus Maps



## DRIVING DIRECTIONS

### *From North I-15*

- Take exit 304 to merge onto I-80 E toward Cheyenne
- Take exit 125 for 700 East
- Turn RIGHT at 700 East
- Turn LEFT at 3900 South
- Turn RIGHT into hospital

### *From East-Belt of I-215*

- Take exit 4 for 3900 South
- Turn WEST, follow signs for 3900 South
- Merge onto 3900 South
- Travel approximately 4.28 miles
- Turn LEFT into hospital

### *From South I-15*

- Take exit 301 for 4500 South toward State Highway 266
- Keep RIGHT at the fork, follow signs for Murray
- Turn RIGHT at 4500 South/Taylorsville Expressway/UT-266
- Turn LEFT at State Street/Highway 89
- Turn RIGHT at 3900 South
- Turn RIGHT into hospital

To find a physician or to schedule an appointment, please call

**800-848-4652**

[www.stmarkshospital.com](http://www.stmarkshospital.com)



Not Bigger. Just Better.

# Our Mission

---

Above all else, we are committed to the care and improvement of human life. In recognition of this commitment, we strive to deliver high quality, cost effective healthcare in the communities we serve.

We define quality as, “caring people with the commitment to a continuous process of improvement in the services provided, that will better enable the hospital to meet or exceed our customers’ needs and expectations.”

# St. Mark’s Profile

---

Since 1872, St. Mark’s Hospital has had a history of providing exceptional care for our patients. By putting the welfare of our patients first, St. Mark’s has achieved numerous national recognitions, including the following:

- Ranked in the top 10% of hospitals nationally for joint replacement surgery, pulmonary care, critical care and general surgery
- Named both a 100 Top Cardiovascular Hospital and a 100 Top Overall Hospital by Solucient
- “Most Preferred Hospital” in Salt Lake County by Valley Research

St. Mark’s Hospital offers a variety of services and specialties including cardiology, orthopedics, women’s health, high-risk pregnancy, senior health services, and more. Once you experience the compassionate care and clinical expertise at St. Mark’s Hospital, you’ll understand why patients continue to choose St. Mark’s Hospital.



**Not Bigger. Just Better.**

# Visitor Information

---

## **Parking**

St. Mark's Hospital offers parking around the hospital in outdoor, surface lots and in each of its three garages for free.

## **Valet Parking**

Valet parking is free at the hospital's main entrance, the entrance to the East Medical Office Building and the Women's Pavilion.

## **Main Hospital Gift Shop**

The Giving Place, a full-service gift shop, is available on the main level of the hospital. Items for purchase include floral arrangements, snacks, drinks, cards, gifts, and seasonal items.

The Giving Place hours are:

Monday – Friday, 8:30 AM - 8:00 PM

Saturday/Sunday, 12:30 PM - 4:30 PM

Phone: 801-268-7125

## **Cafeteria**

The cafeteria is located on the lower level of the hospital. The cafeteria provides breakfast, lunch, and dinner at the following times:

Monday-Friday\*

Breakfast 6:30 AM - 9:00 AM

Lunch 11:00 AM - 2:00 PM

Dinner 4:30 PM - 9:00 PM

\* Limited service is available between 9:00 AM - 11:00 AM and from 2:00 PM - 4:30 PM

Weekends and Holidays\*

Breakfast 6:30 AM - 9:00 AM

Lunch 11:00 AM - 2:00 PM

\* Limited service is available between 9:00 AM - 11:00 AM

## **Smoking**

St. Mark's Hospital is a tobacco free campus. No smoking or tobacco use of any kind is allowed on the St. Mark's Hospital campus, including all outdoor areas and parking lots. Thank you for helping promote a healthy environment while at St. Mark's Hospital.

## **Visiting Hours**

A patient's family or friends may visit the patient at any time provided the patient's condition can accommodate visits, and that the visitor's conduct does not interfere with the care and comfort of other patients. Children may not be unattended while visiting patients. Certain areas within the hospital, such as ICU and NICU, have specific visiting guidelines unique to their area.

The hospital's main doors are locked from 10:00 PM - 5:00 AM. During those times visitors must enter and exit the main hospital through the Emergency Department doors at the Central Medical Office Building.

## **Security**

Providing a secure environment for patients, visitors, and staff is one of St. Mark's Hospital's top priorities. If a situation arises that compromises your safety or the safety of others, or to report any suspicious activity, please contact hospital security at 801-301-2150.

## **Chaplain Services**

St. Mark's Hospital provides multi-faith chaplaincy services 24 hours a day 7 days a week. The chaplaincy program at St. Mark's Hospital is the only Association of Clinical Pastoral Education (ACPE) accredited chaplaincy program in the state of Utah. Trained chaplains provide grief and stress counseling, assist with living wills, help contact local clergy, and conduct routine spiritual care visits to patients, families, and visitors. Chaplain services are provided as a complimentary service. To contact chaplain services, dial extension 7292 from any hospital phone.

## **Chapel**

Our beautiful, multi-faith chapel is located on the main floor of the hospital and is open throughout the day and evening. All are welcome to visit the chapel for quiet prayer or meditation. The following scheduled services are held in the chapel:

- LDS Sacrament Meeting, Sunday 1:00 PM
- Holy Communion, Wednesday 11:00 AM

## **Patient Complaint**

In order to maintain a high level of quality health care at St. Mark's Hospital, individuals with concerns about patient care and/or safety during their stay are encouraged to contact the patient advocate support line at 801-268-7779.

## **TV Channels**

See the inside panel of the back cover page.



**Not Bigger. Just Better.**

**DESTINATION BUILDING FLOOR**

|  |                        |            |
|--|------------------------|------------|
| Administration                               | Main Hospital          | Main Level |
| Ambulatory Care Unit                         | Main Hospital          | 4th Floor  |
| Cafeteria                                    | Main Hospital          | Ground     |
| Cancer Support Center                        | East Medical Building  | Ground     |
| Cardiac Cath Lab                             | Main Hospital          | 2nd Floor  |
| Cardiac Rehab                                | North Medical Building | 3rd Floor  |
| Cashier                                      | Main Hospital          | Main Level |
| Center for the Surgical Treatment of Obesity | North Medical Building | Ground     |
| Chapel of the Good Shepherd                  | Main Hospital          | Main Level |
| Classroom G04C                               | Main Hospital          | Ground     |
| Classrooms 1, 2, & 3                         | North Medical Building | Ground     |
| Diabetes Treatment Center                    | Main Hospital          | 4th Floor  |
| Dialysis Services                            | Main Hospital          | Ground     |
| Endoscopy                                    | Main Hospital          | Main Level |
| The Giving Place Gift Shop                   | Main Hospital          | Main Level |
| Human Resources                              | Main Hospital          | Ground     |
| ICU/CCU                                      | Main Hospital          | 2nd Floor  |
| Labor & Delivery                             | Women's Pavilion       | Main Level |
| Laboratory                                   | Main Hospital          | Main Level |
| Marketing and Communications                 | Women's Pavilion       | 4th Floor  |
| Medical/Surgical Unit                        | Main Hospital          | 4th Floor  |
| Medicine/Oncology Unit                       | Main Hospital          | 3rd Floor  |
| Mountainstar Clinical Labs                   | Women's Pavilion       | 3rd Floor  |

**DESTINATION BUILDING FLOOR**

|                                      |                          |            |
|--------------------------------------|--------------------------|------------|
| NICU                                 | Women's Pavilion         | Main Level |
| Nursery                              | Women's Pavilion         | 2nd Floor  |
| Orthopedic Unit                      | Main Hospital            | 5th Floor  |
| Pain Clinic                          | East Medical Building    | Ground     |
| Patient Registration                 | Main Hospital            | Main Level |
| Postpartum                           | Women's Pavilion         | 2nd Floor  |
| Progressive Care Unit                | Main Hospital            | 3rd Floor  |
| Radiology/Medical Imaging            | Main Hospital            | Main Level |
| Release of Medical Records           | Main Hospital            | Main Level |
| Respiratory Therapy                  | Main Hospital            | Main Level |
| Robert H. Lamb, M.D. Auditorium      | Women's Pavilion         | 2nd Floor  |
| Senior Health Center                 | North Medical Building   | Ground     |
| Sleep Center                         | Women's Pavilion         | 3rd Floor  |
| Speech Therapy                       | Main Hospital            | Ground     |
| St. Mark's Outpatient Surgery Center | East Medical Building    | Main Level |
| Subway Restaurant                    | Main Hospital            | Ground     |
| Surgery & Surgery Waiting            | Main Hospital            | 2nd Floor  |
| Transitional Care Unit               | Main Hospital            | 5th Floor  |
| Volunteer Services                   | North Medical Building   | Ground     |
| Wasatch Endoscopy Center             | Central Medical Building | Main Level |
| Women's Imaging                      | Women's Pavilion         | Main Floor |
| Women's Pavillion Classroom A & B    | Women's Pavilion         | 2nd Floor  |

Not Bigger. Just Better.

# Clinical Services at St. Mark's Hospital

To find a physician or to schedule an appointment, please call 800-848-4652.

## **Advanced Imaging Services**

- 64-Slice CT Scans
- Bone Density Exams
- Digital Mammography
- Interventional Radiology
- MRI
- Nuclear Medicine
- Ultrasound
- X-Ray

## **Cancer Care Services**

## **Comprehensive Heart Care**

- Cardiac Catheterization
- Cardiac Electrophysiology
- Cardiac Rehabilitation
- Electrocardiogram (ECG/EKG)

## **Comprehensive Weight Loss Services**

- Exercise and Nutrition Counseling
- Weight Loss Surgery

## **Critical Care**

- Intensive Care Unit
- Pulmonary Function Tests

## **Diabetes Treatment Services**

## **Diagnostic Sleep Studies**

- Adult Studies
- Pediatric Studies

## **Emergency Department**

## **Endoscopic Services**

## **Inpatient Rehabilitation Services**

- Occupational Therapy
- Physical Therapy
- Recreation Therapy
- Senior Health Center
- Speech Therapy

## **Neurodiagnostic Services**

- Electroencephalogram (EEG)
- Electromyogram (EMG)

## **Orthopedic Medicine**

## **Outpatient Laboratory Services**

## **Pain Medicine Center**

## **Surgery**

- Inpatient Surgery
- Laparoscopic Surgery
- Outpatient Surgery
- Robotic Surgery

## **Transitional Care Center**

## **Women's Services**

- Labor and Delivery
- Mammography Center
- Maternal-Fetal Medicine
- Newborn Intensive Care Unit

# TV Channel Listings

| Descrip:                   | In-house Channel | Descrip:                | In-house Channel |
|----------------------------|------------------|-------------------------|------------------|
| Local Channel 2 (CBS)      | 2                | Science                 | 37               |
| Local Channel 4 (ABC)      | 4                | Surgery Information     | 38               |
| Local Channel 5 (NBC)      | 5                | Sci-Fi Channel          | 39               |
| TLC                        | 6                | Travel                  | 41               |
| Local Channel 7 (KSTU)     | 7                | TV Land                 | 42               |
| XM801 (Classics)           | 8                | TBS                     | 44               |
| XM833 (Rock)               | 10               | C.A.R.E.                | 45               |
| Local Channel 11 (KBYU)    | 11               | CBSC (Fox Soccer)       | 52               |
| XM832 (Country)            | 12               | MTN Network             | 54               |
| Local Channel 13 (Fox)     | 13               |                         |                  |
| Local Channel 14 (KJZZ)    | 14               | OTA Digital Channels    |                  |
| AMC                        | 15               | KUTV-HD                 | 102.1            |
| ABC Family                 | 16               | THIS (KUTV2)            | 102.2            |
| FOX News                   | 17               | KTVX-HD                 | 104.1            |
| Disney                     | 18               | Untamed (KTVX2)         | 104.2            |
| FSN Rocky Mountain         | 19               | KUCW                    | 104.3            |
| Discovery                  | 20               | KSL-HD                  | 105.3            |
| History                    | 21               | KSL2 Weather            | 105.4            |
| St. Mark's Newborn Channel | 22               | Universal Sports (KSL3) | 105.6            |
| Nat'l Geographic           | 23               | KUED-HD                 | 107.3            |
| Animal Planet              | 24               | World                   | 107.4            |
| Lifetime                   | 25               | V-Me                    | 107.5            |
| CNN                        | 26               | KBYU                    | 111.1            |
| TNT                        | 27               | BYU-TV                  | 111.2            |
| ESPN                       | 28               | BYU International       | 111.3            |
| Cartoon Network            | 29               | HD Create               | 111.4            |
| ESPN2                      | 30               | KSTU-SD                 | 113.3            |
| Cooking Channel            | 31               | KSTU-HD                 | 113.4            |
| ESPN Classic               | 32               | KJZZ-HD                 | 114.3            |
| Food Network               | 33               | ION                     | 116.3            |
| ESPN News                  | 34               | QUBO                    | 116.4            |
| Oxygen                     | 35               | IONLife                 | 116.5            |
| St. Mark's Educational     | 36               |                         |                  |

**Not Bigger. Just Better.**